



Applied Ergonomics ■ (■■■■) ■■■-■■■

APPLIED  
ERGONOMICS

www.elsevier.com/locate/apergo

# Cognitive aspects of tool use

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Received 23 June 2004; accepted 6 June 2005

## Abstract

Tool use has traditionally been viewed as primarily a physical activity, with little consideration given to the cognitive aspects that might be involved. In this paper, a new approach to considering tool use in terms of Forms of Engagement is presented and discussed. This approach combines notions of schema from cognitive psychology with the idea of task-specific devices to explain psychomotor aspects of using tools. From the perspective of Forms of Engagement, various aspects of craftwork and skilled tool use are considered.

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## 1. Introduction

This paper focuses on the use of tools, specifically hand tools, and the cognitive aspects of this activity. When one thinks of hand-tools, one probably imagines spanners, hammers, knives, etc. and their associated activity, and may well find it difficult to imagine that cognition could play a role. For ergonomics, key issues relating to tool design and use have tended to concentrate on such issues as comfort (Kuijt-Evers et al., 2004), risk of injury (Aghazadeh and Mital, 1987) or general principles of design (e.g., Freivalds, 1987; Greenberg and Chaffin, 1977; Mital, 1991; Eklund and Freivalds, 1990; Kadefors et al., 1993; Sperling et al., 1993). Recent years have seen focus on the possible risks associated with the use of power tools, particularly due to vibration effects (Gerhardsson et al., 2005; Kihlberg et al., 1993, 1994; Freivalds and Eklund, 1993). However, one is hard pressed to find much in the literature on the ergonomics of tools that specifically addresses cognitive factors.

A further point for this review is that one rarely finds mention of tools in cognitive psychology texts (although one rarely finds mention of any aspect of physical activity in such books). Alternatively, one might

anticipate that there is a large literature on psychomotor skills and that this would cover the use of tools. However, much of the contemporary literature on psychomotor skills is either focussed on very basic activity or on applications in sports. It strikes me that a significant problem for ergonomics lies in the division between the physical and the cognitive (this division is apparent in many other disciplines that seek to study human performance); with the consequence that research dealing with physical aspects of performance has little room for consideration of cognition, and research on cognitive aspects rarely mentions any physical aspect. Of course, there is often little reason why the research needs to stray into the other domain, but this is precisely the point that I am making. If we set up an artificial boundary between the 'physical' and the 'cognitive', then it is difficult to see a unified theory of ergonomics coming into being. And by implication, without a unified theory of ergonomics, it is difficult to see a coherent discipline as opposed to a diverse collection of activity. The challenge is to find a means of bridging the chasm between physical and cognitive aspects of human performance, and an obvious starting point lies in the study of using hand-tools. Not only does this offer the opportunity to introduce cognitive aspects into what appears to be a predominantly physical activity, but

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1 many aspects of using tools seem to be fundamental to  
2 other ergonomics research.

3 In discussing tools, the paper refers to the physical  
4 implements and artefacts that we use in everyday life  
5 and work. There are two broad definitions of the word  
6 'tool' that are important to this paper. In one definition,  
7 a tool is a handheld artefact that serves as an extension  
8 of the user and can be used to perform a task. To this  
9 end, Samuel Butler (1912) wrote that, "Strictly speaking,  
10 nothing is a tool except during use. The essence of a  
11 tool, therefore, lies in something outside the tool itself. It  
12 is not in the head of the hammer, nor in the handle, nor  
13 in the combination of the two that the essence of the  
14 mechanical characteristics exists, but in *the recognition*  
15 *of its unity and in the force directed through it in virtue of*  
16 *this recognition.*" [Butler, 1912, p. 121, italics added].  
17 For me, the key aspect of this quotation is the  
18 implication that a tool that is not being used is merely  
19 an object, and that in order to actually be a tool it is  
20 necessary for the user to both recognise that properties  
21 of the tool and to use the tool to direct force onto the  
22 world. In other words, the user of the tool is able to  
23 recognise its function through its form. The tool is not  
24 merely an object, but acquires meaning and relevance  
25 through the function it supports (as Butler points out).  
26 Indeed, this relationship between a tool's function and  
27 the capability of the person to use it has been at the root  
28 of the 'folk norms' of many of the dimensions of hand-  
29 tools (Drillis, 1963).

30 A common assumption is that tools extend human  
31 actions, implying that a physical object enhances a  
32 physical action, e.g., a hammer allows us to hit  
33 something harder than we could just using our hand.  
34 As Vygotsky (1928) points out, a defining feature of  
35 tool-use in humans lies in our ability to internalise tools.  
36 For example, when a child learns to count, it might  
37 make use of beads to keep track of the numbers being  
38 counted, but as it becomes more proficient so it can, in  
39 effect, internalise the beads and count in its head.  
40 Counting then becomes a matter of manipulating an  
41 internal representation. As the maths becomes more  
42 complicated, so we might resort to physical artefacts  
43 (such as pencil and paper or a calculator) for support. In  
44 this case, we are manipulating external representations  
45 in support of our activity. Thus, the artefacts represent  
46 some knowledge, and we manipulate both the represen-  
47 tations and, through them, the knowledge.

48 In a second definition of tool, one could refer to *any*  
49 form of support that allows us to expand upon the  
50 limited repertoire of manual and cognitive skills that we  
51 possess. This is what McCullough (1989) refers to as  
52 'applied intelligence', i.e., having solved a particular  
53 problem by developing a physical device to help us, we  
54 then continue to use this device when we next encounter  
55 a similar problem. This notion sets tools apart from  
56 other technology in that rather than replacing an action,

57 we are (somehow) supplementing or extending it. From  
58 this perspective, a tool embodies our understanding of  
59 the world; it represents a 'standardised' solution to a  
60 given problem and knowledge of how to affect the world  
61 in order to achieve that solution. As Preston (1998)  
62 points out, "*a spoon embodies in its very shape aspects of*  
63 *our knowledge of the physical properties of liquids, and*  
64 *therefore is a peculiarly appropriate mediator of the*  
65 *interaction between individual and world in situations*  
66 *where this knowledge comes into play.*" (Preston, 1998, p.  
67 514). The implication of this statement, as far as  
68 ergonomics is concerned, is that far from being merely  
69 physical objects, tools represent both declarative and  
70 procedural knowledge about how we ought to interact  
71 with the world and the objects it contains.

72 It is possible, taking the notion of 'applied intelli-  
73 gence', that tool use also involves this manipulation of  
74 artefacts and knowledge. In order to appreciate what  
75 this idea of tools manipulating knowledge might mean,  
76 we turn our attention to the concept of schema.

### 77 1.1. Schema

78 In the view of one pioneer of schema theory, a schema  
79 is the organisation of past experience, which can be  
80 assumed to underlie any well-adapted response (Bartlett,  
81 1932). The point is that, a response which has the  
82 appearance of being well-organised is probably drawing  
83 upon a collection of similar responses that have been  
84 made in the past. However, it is essential to note that  
85 this does not mean the mere repetition of responses.  
86 Rather, the responses are based on a mass of knowledge  
87 that has accumulated during the person's activity. Thus,  
88 when performing an action, such as a tennis shot, the  
89 person does not produce something entirely new, nor  
90 simply repeat something old (Bartlett, 1932). Rather the  
91 person is, as we shall see below, predisposed towards to  
92 particular pattern of action based on the accumulation  
93 of previous responses and expectations. This accumula-  
94 tion of responses and expectations was, for Bartlett, part  
95 of the schema that the person held. Other researchers,  
96 notably Bernstein (1967), propose a different point of  
97 view, and an aim of this paper is to attempt to reconcile  
98 these competing views in the context of using tools.

99 A significant feature of schema is that they are, by  
100 definition, not open to conscious awareness and consist  
101 of activated knowledge structures. This means that they  
102 are unlikely to be stored as static representations but as  
103 series of states in an active network that are combined  
104 with current stimuli. An appealing consequence of this  
105 view is that actions are not built anew nor simple  
106 repetitions of old actions, but are the result of  
107 assembling current stimuli with 'chunks' of activated  
108 knowledge.

109 Some 50 years after Bartlett's initial exposition of  
110 schema theory, Norman and Shallice (1980) proposed a  
111

1 model of human performance to account for everyday  
 2 activity in a manner that was essentially schema-driven  
 3 (this model has been subsequently extended by Cooper  
 4 and Shallice, 1997). A horizontal structure (the Super-  
 5 visory Attentional System—SAS) relates features from  
 6 the current situation to a set of schema. As schema  
 7 become active, so responses are selected, and the person  
 8 then performs the response. As the person practices the  
 9 responses, so a closer coupling of features to schema to  
 10 response occurs, such that the behaviour becomes  
 11 ‘automatic’. For example, when changing gear in a  
 12 manual-drive car, the actions of removing one’s foot  
 13 from the accelerator, depressing the clutch, shifting the  
 14 stick to a new gear, engaging the clutch and the applying  
 15 the accelerator can be difficult to sequence for the novice  
 16 driver, but with practice can be performed seamlessly.  
 17 From this perspective, the use of hand-tools could  
 18 readily be described in terms of SAS. As the actions  
 19 become automatic, or habitual, so the level of attention  
 20 required to perform these actions reduces. A conse-  
 21 quence of this is that one’s attention can shift from the  
 22 physical actions to the goal of the task. Often  
 23 experienced craft-workers will speak of losing sense of  
 24 the tool that they are using, and focussing only on the  
 25 goal or outcome of the actions.

26 Whilst the notion of SAS provides some mechanism  
 27 for how schema might be used, it does not provide much  
 28 in the way of structure. Schank (1982, 1999), following a  
 29 different line of enquiry, has proposed a memory  
 30 structure based on schema. Memory Organisation  
 31 Packets (MOPs) are defined as clusters of knowledge  
 32 called scenes, i.e., high-level components of scripts  
 33 (where a script is a sequence of action associated with  
 34 a particular context, e.g., a ‘going to a restaurant  
 35 script’). The premise is that scripts and scenes are  
 36 hierarchically organised within a network. Above these  
 37 MOPs sit Thematic Organisation Points (TOPs) which  
 38 apply a theme to a collection of scripts and scenes.  
 39 Whereas Schank (1982) implied that access to these  
 40 MOPs was largely automatic, there is evidence that they  
 41 require activation within a specific context. In other  
 42 words, one might say that MOPs defined the region of  
 43 knowledge within a network that was activated by  
 44 specific contextual features.

45 In broad terms, therefore, schema represent bodies of  
 46 knowledge. If one assumes that this knowledge is  
 47 represented in the form of a hierarchical network, then  
 48 a schema could be viewed as the activation of a specific  
 49 collection of related nodes within this network. From  
 50 Bartlett’s description, the combination of features in the  
 51 world with activated schema supports recall of actions.  
 52 From SAS, the selection of action is defined by the  
 53 activation of specific schema. Before discussing what  
 54 this means for tool use, I want to consider a view that  
 55 implies that action does not require schema to fashion it.

## 1.2. Task specific devices

56 The Russian physiologist Bernstein (1967) proposed  
 57 that people adapt to repeated activity through develop-  
 58 ment of co-coordinative structures. A co-coordinative  
 59 structure is a highly tuned sequence of muscle firings  
 60 and limb movements that allows a set of actions to be  
 61 performed seamlessly. The more this set of actions (or  
 62 routine) is practised, the more the routine will appear  
 63 effortless and skilled. This is not to say that the routine  
 64 merely becomes ‘hard-wired’. Rather a characteristic of  
 65 skilled performance is that ability to modify the routine  
 66 to take account of changes in demand. In this account  
 67 there is no obvious need for schema (or any form of  
 68 cognition), and in this respect the approach is similar to  
 69 the concept of ‘affordance’ (see below). However, a  
 70 development of co-coordinative structures can be seen in  
 71 the notion of task-specific devices (Beek and Bingham,  
 72 1991; Bingham, 1988). The focus of task-specific devices  
 73 is on behaviour that is directed towards a goal and  
 74 assumes that the person and the environment are  
 75 temporarily organised into a special-purpose machine,  
 76 i.e., a task-related device” (Bingham, 1988). For  
 77 example, when throwing balls of different weight, people  
 78 typically exhibit different throwing styles. For heavy  
 79 balls, the thrower might need to lock the wrist (in order  
 80 to provide support for the weight) which, in turn,  
 81 constrains the throwing style and leads to movement  
 82 around the elbow with a straight forearm; for lighter  
 83 balls, the thrower can adopt a looser posture at the wrist  
 84 and include movement of the wrist in the throw. In both  
 85 instances, the co-coordinative structure involves similar  
 86 muscle and limb collections, but the management of the  
 87 structure varies.

88 Tools obviously modify the properties of effector  
 89 systems, i.e., a hand holding a hammer differs in mass  
 90 and posture to an unencumbered hand. This, in turn,  
 91 alters the potential movements and actions that can be  
 92 performed (Smitsman, 1997). Relating the possible  
 93 actions to the perceptions of tool in the hand represents  
 94 a form of perception–action coupling that needs to be  
 95 learned and modified through continued exposure.  
 96 Lockman (2000) proposes that perception–action cou-  
 97 pling can be used to describe the ways in which very  
 98 young children acquire and develop psychomotor skills.  
 99 In particular, he suggests that part of the process of  
 100 acquiring the skills needed to manipulate objects is the  
 101 detection and interpretation of the affordances that they  
 102 offer.

## 1.3. Affordance

103 Gibson (1996) proposed that rather than an organism  
 104 and the environment existing as separate entities, with  
 105 one acting upon the other, these entities were conjoined  
 106 into a single dynamic unit. From this perspective,  
 107

objects in the world do not exist as collections of physical properties so much as collections of features that ‘afford’ some specific response. In this manner, the response that one performs is the result of a perception–action coupling in which perception becomes an invitation to act (Gibson, 1996). Recent neurological research suggests that the physical appearance of an object that can be grasped (Chao and Martin, 2000), e.g., a tool, leads to activation in the motor cortex (and such activation does not occur when images of faces, houses or cars are presented). The implication of this research is that, for humans (and monkeys), the physical appearance of a graspable object is sufficient to elicit preparation of a grasp response. Indeed, in some forms of apraxia, the grasp response is performed even when the patient is instructed not to perform the action (Forde and Humphreys, 2000). In other studies, patients with apraxia can show how objects are used even when they are unable to name them, which implies that the representation of the name of an object is separate from the representation of its use (Kempner, 1997). These studies imply that the presence of an object which affords grasping is sufficient to evoke a grasp response, that objects which require a sequence of actions to use are represented both by name and by sequence of action, and that it is the presence of the object which is required to completely elicit the representations sufficient to effectively use the object.

The idea that perception is partly used to encode visual information and partly to guide movement, and that these processes represent separate pathways, has been put forward by Goodale and Milner (1992) and Jeannerod (1997). One source of evidence for this point of view comes from studies into reaching to grasp objects. In reaching for an object in front of the body, the hand moves towards the object, and at the same time the hand is oriented and the thumb and fingers are extended to provide clearance for the object’s boundaries with the fingers following a trajectory towards surfaces that afford stable grasp. Jeannerod (1997) observed that differences in object width result in changes in hand aperture but do not affect the speed of the hand toward the object. In addition to making the hand an appropriate shape to grasp the glass, one needs to exert sufficient frictional force on the glass to overcome the load forces that will act when the object is lifted. Johansson and Westling (1984) asked subjects to use a precision grip to lift objects a small distance off a support. The surface slipperiness was systematically varied (in decreasing order of slipperiness—silk, suede, sandpaper). In all cases they noted that grip force started to *rise* before the object was lifted. The suggestion is that people are able to rapidly modify their grip forces to compensate for any changes in the stability of the object. Further, these grip forces can also be shown to be anticipatory, e.g., Turrell et al. (1999)

show that grip force adjustments in holding a tool subject to a collision anticipate the impact force which in turn reflects object mass and velocity. The former may be gained from prior knowledge, the latter from vision.

Recent research has been concerned with the manner in which people acquire information about objects, e.g., through exploration of the objects. Work by Lederman and Klatzky (1996) documents ways in which people manipulate objects when asked to recognise or classify them. They noted consistent patterns of finger movement and suggested that people maintain a limited repertoire of such exploratory procedures (EPs) which they tend to use in a relatively fixed sequence when faced with acquiring information from an object. This research suggests that people employ a set of EPs which are used to acquire specific sorts of information concerning specific object properties, e.g., the weight of an object is evaluated by hefting the object in the palm. One implication of this work is that we have stereotypical routines for conducting simple manipulations of objects. This is, of course, similar to the classic ergonomics concept of population stereotypes for the control of devices (Fitts and Seeger, 1953; Chapanis and Lindenbaum, 1959; Warrick, 1947). Indeed, Ellis and Tucker (2000) demonstrate that precision and power grips can be cued by high or low auditory tones (suggesting the objects are encoded in terms of their potential to support action, or affordance, and that this encoding can be accessed using other cues).

#### 1.4. Conclusions

From this discussion, it is proposed that, as with many other everyday activities, people may possess schema covering tool use. These schema would allow actions to be performed automatically, in the presence of specific environmental stimuli in order to achieve specific goals. The notion of SAS shows how such a mechanism could function. The notions of co-ordinative structure and task-specific devices imply that collections of motor response can be chunked into routines, such that a specific routine will automatically recruit its constituent parts. From the notion of affordance, one can say that an object that affords grasping will elicit a specific response, and from the studies into apraxia one can say that the response and associated routine are represented separately from the ability to name the object. This returns us to the point made earlier (in response to the Samuel Butler quotation) that the ‘recognition of the unity of the tool’ is not simply a matter of knowing the tools name, but of having sufficient representations for routines and schema to affect the appropriate action.

#### 1.4.1. Are tools unique?

Before progressing it is worth asking the question what makes tools any different from the countless objects that we encounter and use in our everyday lives? Surely we encounter many 'manipulable objects' on a day-to-day basis that are not tools in the sense used in this paper. Obvious examples would include keys, door handles, gear-sticks, etc.

It is proposed in this paper that tools occupy a space that is both related to other manipulable objects and quite distinct from them. A tool is designed and used with the purpose of acting upon the world in order to effect a change. Of course, the other objects are also covered by this definition. However, tools provide an opportunity for flexible manipulation by the user in order to control and refine the effects of the changes. In other words, tools are instruments through which goals can be expressed and which are designed to allow the user to modify and alter the manner in which the tool can be used. Thus, a door handle supports pretty much one type of grasp (with minor variation) if it is to be used properly, but a screwdriver supports at least two types of grasp (the precision grasp to place the tip into a screw's head and the power grasp to drive the screw home). A gear-stick needs to be operated with a specific degree of force if it is to allow the gears to change, but a hammer can be operated with varying degrees of force, from the gentle taps to get a nail to bite to the firmer hits to drive the nail in. The other manipulable objects considered above all function as specific devices to perform single, specific operations. They are, thus, defined entirely by the immediate context and by the design of their surroundings. Tools function as the means by which sequences of actions can be combined together and performed in a variety of contexts.

As mentioned above, there is growing neuropsychological evidence to suggest that there are specific areas of the cortex that are associated with representing objects that can be manipulated. Much of this work has concentrated on the presentation of images of tools or of physical handles to be grasped. More recently, Imamizu et al. (2000) had participants use a mouse to move a cursor on a screen and analysed brain activity. When the person was presented with a cursor that moved opposite to the mouse, they need to 'learn' a new mapping between movements. The scan revealed increased activity in an area of the cerebellum during the learning of this new activity, which suggested that a model of pairing of movement and consequence was being built. Furthermore, when the participant performs similar tasks using two mice, activation occurs in different areas, suggesting unique models for each activity (Imamizu et al., 2003).

Evidence from apraxia also suggests separate representations of the declarative knowledge about the physical appearance of objects and modes of use, and

procedural knowledge relating to how to use them (Johnson-Frey, 2004). Taken together, the neuropsychology evidence suggests a set of representations that support perception–action coupling of objects to manipulations (which could conceivably relate to any manipulable object) and representations of specific action sequences (which can relate to any form of dextrous action sequence). What is unique about tools is that they combine both the properties of manipulable objects and the need to manage dextrous action sequences, often in a manner that requires a degree of flexibility in response.

#### 1.4.2. Representing tool use

From the discussion so far, it is proposed that people hold two representations for tool use: (i) a representation of the form of a tool and the manner in which it is manipulated; (ii) a representation of the sequence of actions that are involved in tool use. The first representation can be related, in part, to notions of affordance, in that people can more or less automatically reach for, and grasp, objects in a manner suitable for activity. This is also supported by evidence from neuropsychology which indicates that activation of areas of motor cortex occur even when people are only shown images of graspable objects. Thus, there is some evidence to suggest a coupling of object appearance with type of grasp required to manipulate it. Further evidence for this comes from the 'pantomiming' of tool using tasks, in which people might affect an appropriate hand-shape and arm movement to indicate how a given tool is used. In both cases, damage to specific regions of the brain impair people's ability to either perceive affordances or to pantomime tool use appropriately. The second representation is related more to the planning and coordination of movement. Much work on this topic has come from the area of sports science and skill acquisition, although (surprisingly) it appears to be a significantly under-researched area for ergonomists.

In order to develop a theory that combines both motor and cognitive dimensions, it is proposed that one can align some aspects of cognitive schema with the notion of task specific devices. From this discussion, my proposal is that tools warrant special treatment. In terms of task specific devices:

- (i) We have knowledge of appropriate grasps for manipulable objects. The selection of an appropriate grasp typically occurs as we are approaching the object, i.e., it is not a pre-planned operation but is defined ad hoc. The selection will depend on the object that is to be grasped, e.g., the width of a handle, the material from which the handle is made, etc. The selection will also depend on the use to which the object will be put, i.e., raising a full glass to drink or an empty glass to put in the washing up

- bowl. The definition of an appropriate grasp is, in all likelihood, part of a learned repertoire of object manipulations that we have acquired over our lives and may well exhibit similar stereotypical tendencies to the 'population stereotypes' that influence the use of controls or the exploratory procedures that influence our testing of materials;
- (ii) We have knowledge of appropriate coordination of actions. These have been considered in terms of 'task specific devices' and 'coordinative structures'. The idea is that a rehearsed set of actions begins to reinforce certain grouping of muscle firing and other neurological events. Thus, when faced with a similar situation, one will be able to cue the set and perform it rapidly and efficiently. Of course, there is ample evidence to suggest that people do not simply 'run' a programme, but that the set is open to adjustment, correction and other modifications during its performance;
- (iii) We hold appropriate sequencing of actions. Thus, the task of 'making a cup of instant coffee' has a clearly defined group of actions and a sequence of performance. Again the sequence need not be rigidly defined, e.g., does it matter if the step 'get teaspoon' is performed before the step 'get cup'? Having said this, some steps are clearly dependent, e.g., the step 'put a teaspoon of coffee granules in cup' clearly requires that the teaspoon, cup and jar of coffee granules are to hand.
- We can predict what happens if some aspect fails, both in terms of neurological damage or in terms of slips. Thus, failing to select an appropriate grasp on approaching an object could lead one to collide with the object, knock the object over or otherwise not grasp the object appropriately. If the object in question is the handle of a power-tool, say, then the failure might also arise from grasping too low on the handle (so that the weight of the tool pulls the wrist forward). Having grasped the object, selection of an appropriate set of actions might fail due to incomplete specification of force, movement etc. If the object is a tack hammer, one might apply too much force and bend the tack when hitting it. Having selected an appropriate set of actions to use the tool, then the process could fail when a step is added or omitted from a sequence of actions. If the procedure relates to a maintenance job in which a collar is tightened and then a retaining screw fitted and screwed in, it is plausible that the 'tighten collar' would serve to signify closure and the 'fit screw' be omitted.
- In terms of schema, the following proposals can be put forward:
- (i) We hold schema that relate the appearance of objects in the world to specific goals. From this it could be proposed that one holds a hierarchy of 'object appearances' (forms), with different aspects of the appearance linking to functions, and a mechanism through which the form-function representations can be linked to specific goals. Thus, the goal of 'fix a picture hook on the wall' could be related to goals of 'fixing objects' using nails, screws or other media. The selection of path to solving the goal might well depend on prior experience, i.e., might relate to a schema that describes solving a related goal in the past. Thus, to paraphrase an old proverb, 'to a man with a hammer, all problems are nails';
- (ii) We hold schema that relate the function of tools to previous experiences of similar tools. Thus, until we know otherwise, we might assume that all hammers are used in the same manner, or that a power-screwdriver is used in a similar manner to a 'manual' screwdriver;
- (iii) We hold schema that are shaped by our enculturation and experiences of the specific tool-set of the country in which we live. Thus, using knives and forks, chopsticks or breads to eat are equally 'natural' in different countries. When we move between cultures, then either the schema require modification or we need to develop new schema.
- The notion of SAS provides a means of explaining how our actions can fail, when considering cognitive schema. If the wrong schema is selected, then the action might fail. For instance, we might decide to achieve the goal 'hang a picture on the wall' using a hammer and a nail, only to find that the bricks in the wall are so hard that the nail bends. Having selected an appropriate approach to reaching our goal, we might then fail to select an appropriate way of using the selected tool. For instance, we might decide to use a screw instead of a nail and, having drilled the hole and fitted a rawl-plug, we attempt to use an electric screwdriver by turning it on the screw rather than letting the motor do the work. In this instance, we need to effectively 'inhibit' the schema that describes screwdriving in order to 'activate' the schema for using power tools.
- ## 2. Forms of engagement
- A tool is a physical object that is manipulated by users in such a manner as to change some aspect of the environment and to extend the capabilities of the unaided hand (Drillis, 1963). The manipulation is directed towards a specific goal or purpose, and the action requires a degree of control and co-ordination. From this definition, tools are objects external to the user that support engagement with objects in the world. The term 'engagement', is intended to call to mind the notion of interaction with technology (e.g., as in

human–computer interaction), the notion of physically engaging with an object (e.g., as in the case of gears meshing or engaging), and the notion of being involved with something that demands all of one’s attention (e.g., as in being engrossed in a film).

Tools mediate our engagement with the world and this engagement can take many forms. Thus, hammering a nail modifies the length of the nail, the contact between nail and hammer and nail and whatever object it is being hammered into, the contact between hand and hammer, the goal relating to the use of the nail, the movement and control of the hammer, etc. The actions are on the tools themselves, the objects that the tools affect, the environment, and the person’s perception and understanding of the consequences of these actions in relation to their goal. However, it is my proposal that the existing literature does not fully describe the forms of engagement involved in using tools. Baber (2003) proposes six forms of engagement, i.e.,

- *Environmental engagement*—the ability of an organism to respond to aspects of the environment. Such responses could be innate, such that the presence of a particular feature in the environment will evoke a specific action, or they could be learned, e.g., through stimulus–response conditioning, or they could represent particular perception–action couplings.
- *Morphological engagement*—the ability of an organism to use hands, claws, mouth, beak, mandibles, etc. to grasp and wield objects. The dimensions of the object will relate to the morphology of the organism holding it.
- *Motor engagement*—the ability to manipulate objects. This relates to morphological engagement, in that the type of hold will be affected by the organism’s morphology. However, sophisticated motor engage-

ment might involve the organism exhibiting a variety of grips and changing the grips depending on the task at hand. Thus, motor engagement reflects both the postures adopted during the use of tools and also the control and coordination of movement.

- *Perceptual engagement*—the ability to interpret feedback from using the tool, and relate this feedback to a particular set of expectations.
- *Cognitive engagement*—the ability to represent the function of tools and to represent the characteristics of tools, as well as the ability to coordinate actions through psychomotor skills, and the ability to relate tools to goals.
- *Cultural engagement*—the ability of the organism to acquire tool using skills from other animals (as opposed to being born with the ability), and the way in which tool use reflects certain traditions of action. Thus a jig-saw, for instance, is designed to support a particular type of sawing activity which not only involves certain patterns of motor activity, i.e., the ‘correct’ way to use the saw, but also reflects certain desirable consequences of this activity, i.e., the need to produce decorative shapes from wood.

### 2.1. Relating schema to forms of engagement

Fig. 1 shows an initial framework for relating the forms of engagement with the topics considered in the previous section. In order to develop an appropriate response to the affordance of objects in the environment, a person needs both the capability of responding to the object, i.e., through some form of neurological hard-wiring, and the capability of organising a response. We know that ‘tools’ (and other manipulable objects)

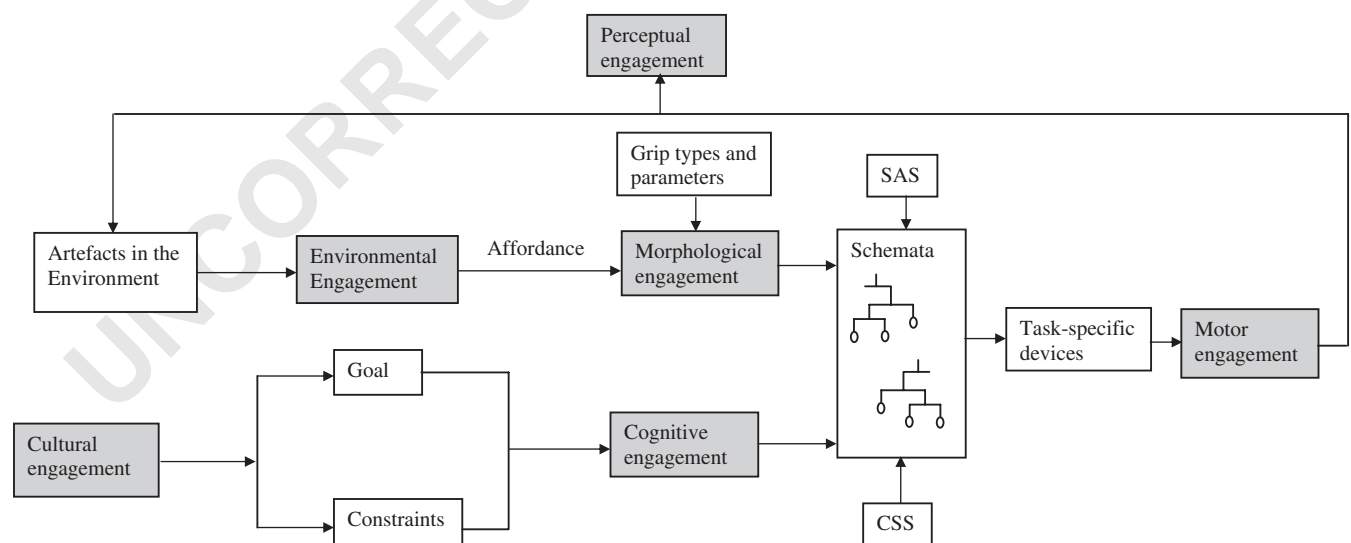


Fig. 1. Framework for forms of engagement.

1 have specific ‘hard-wiring’, in that they evoke motor  
 2 responses even when they are only visually perceived,  
 3 i.e., they afford grasping. The ‘hard-wiring’ of visual  
 4 perception of the tool to the motor cortex (or equivalent  
 5 structure) means that a response will always be elicited.  
 6 Thus perhaps a defining feature of tool use is the  
 7 (paradoxical) fact that one can opt to *not* use a given  
 8 tool in a given situation. It is also proposed that the  
 9 management and control of a motor response is covered  
 10 by an appropriate task-specific device which is selected  
 11 from possible alternatives on the basis of an appropriate  
 12 schema.

13 The notions of morphological and motor engagement  
 14 have already been alluded to in the discussion of task  
 15 specific devices above. In broad terms, I am assuming  
 16 that there is both a ‘co-coordinative’ structure, through  
 17 which well-practised tool-using actions are recorded,  
 18 and a higher order control which monitors, corrects and  
 19 selects from the sets of co-coordinative structures. Thus,  
 20 the novice performer will have little option but to use a  
 21 single, simple co-coordinative structure, but the expert  
 22 will have developed a set of sophisticated structures and  
 23 be able to move between them. In this instance, the tool  
 24 is similar but its manipulation is significantly changed.

25 The notion of perceptual engagement presents an  
 26 interesting cross-over between motor and cognitive  
 27 schema. I have been using environmental engagement,  
 28 in terms of affordances, to describe some of the  
 29 properties that are usually ascribed to perception. When  
 30 I talk of perceptual engagement, I have in mind the  
 31 interpretation of sensory data. The act of interpretation  
 32 requires both the prediction or anticipation of data  
 33 (possibly through motor engagement) and the labelling  
 34 of these data in terms of known meanings (through  
 35 cognitive engagement). Consequently, in using tools  
 36 perceptual engagement is brought to the foreground  
 37 when the action is not going as planned, i.e., when it is  
 38 starting to break down. It is the perception of that  
 39 failing action that leads to decisions to modify, halt or  
 40 otherwise alter the action.

41 From the initial definition of tool-use, it is clear that  
 42 the actions involving tools are goal directed and the  
 43 primary purpose of cognitive engagement is to translate  
 44 those goals into appropriate schema in order to select  
 45 the most effective form of motor engagement. Cognitive  
 46 engagement not only translates from goal to action, but  
 47 also attends to the constraints that might influence  
 48 performance. It is likely that rather than specifying a  
 49 single plan of action, this process will occur continu-  
 50 ously as a process of monitoring and refining the action.

51 Cultural engagement is presented in terms of stereo-  
 52 typical responses that people learn in their culture. The  
 53 culture might be defined as a particular country or might  
 54 be defined in terms of the working practices of a  
 55 particular domain. In both cases, there is the ‘normal’  
 way of doing things, and this way becomes embedded in

our expectations of how things work and the accepted  
 procedures for using these tools. I assume that such  
 knowledge is held primarily in cognitive schema.

### 3. Craftwork

The use of tools can be viewed as a defining aspect of  
 the skill of the experienced craft worker. In his study of  
 industrial skills, Seymour draws several distinctions  
 between the experienced and inexperienced worker.  
 “*First, the experienced worker usually employs ‘smoother’  
 and more consistent movements... Secondly, the experi-  
 enced worker operates more rhythmically, indicating that  
 a higher degree of temporal organization has been  
 achieved. Thirdly, the experienced worker makes better  
 use of the sensory data... . Fourthly, the experienced  
 worker reacts in an integrated way to groups of sensory  
 signals, and makes organized grouped responses to them*”  
 [Seymour, 1966, p. 35–36]. This quotation highlights  
 some key aspects of skilled tool-use, i.e., the rhythmicity  
 of performance, the use of sensory data and integration  
 of actions into organised groups.

#### 3.1. Environmental engagement

In an interesting experiment, [Wagman and Carello \(2001\)](#) asked people to employ dynamic touch (without vision) to classify objects as either ‘hammer’ or ‘poker’. The experiment required participants to reach into a box and feel the handles of different tools. Having felt the handle, the participant then picked up the tool and was asked to make a judgement as to whether it would be most useful to perform a hammering task or to poke a smaller object into a hole. The results from the experiments suggested that “...as an object shows increasing resistance to rotational acceleration about its major and minor axes (i.e., as the object becomes thicker with the mass concentrated further from the hand), so that object is perceived as a better hammer”. ([Wagman and Carello, 2001, p. 190](#)). The opposite finding was true for tools classified as pokers. Thus, the physical properties of the object that are perceived prior to use can determine the interpretation of the object and influence the action that is deemed appropriate. It is plausible that such a perception-action pairing is possible even before the object is grasped. For example, [Rosenbaum](#) shows how the orientation of the hand reaching for a lever is strongly influenced by the direction in which the lever is to be turned. This implies that the orientation of the lever exerts a strong cue on the decision to angle the hand for optimal rotational force. This is similar to the findings (discussed above) relating finger-thumb aperture to object width for grasping experiments.

### 3.2. Morphological engagement

The skilled craft worker is able to wield tools in ways that make it seem as if the tools have become a part of the hand. From this point of view, the morphology of the tool user is partly a matter of the fit of the tool to the hand, and partly a matter of the reach and shape of the combined hand and tool. Tools are designed to support particular types of grip. A commonly used description of hand grip was originally proposed by Napier (1980), and consists of a simple dichotomy between power and precision grips. While such a distinction can distinguish between classes of grip, it does not provide sufficient detail to explore all types of tools. Kroemer (1986) proposed a classification of grips based on the configuration of the human hand. Table 1 shows the grip types proposed by Kroemer (1986), together with a short description of suggested application. Notice that while the 'power' grip of Napier (1980) is indicated, 'precision' grips can assume several different types.

Morphological engagement is not simply a matter of the hand coming to grasp the handle of a tool; rather it reflects the interaction between tool handle and the posture required to perform the task (or part of a task). It is proposed that such interactions become a significant component of the skilled use of tools. For example, the needle holders in Fig. 2, look as if they should be held in a 'scissor-grip'. However, such a grip effectively locks the wrist and makes rotational movement about the wrist difficult (which, in turn, makes it difficult to use the needle holders for suturing). Consequently, the correct grip is to use the thumb and the third finger—this locks the fingers but allows free rotation about the wrist.

When ergonomists consider tool design, a key area of enquiry is the design of handles. After all, these represent both the point of contact between human hand and tool and the interface between tool and user action. This could be considered from the perspective of

the forces that a person needs to exert in order to hold or manipulate the tool (Böhlemann et al., 1994; McGorry, 2001) or the effects of different handle materials of grip and comfort (Fellows and Freivalds, 1991). It can be shown that appropriate handle design can not only alter grip force, but can also reduce stress on muscles within the hand-arm system; Lewis and Narayan (1993) demonstrate how redesigning the handle of a chisel lead to reduced stress on flexor and extensor muscles. Thus, ergonomics has already made significant inroads to understanding the morphological engagement between human and tool. However, what we do not understand is the manner in which this form of engagement is represented within the person. The reason why such an understanding might be useful is to better appreciate the ways in which the user of a tool can monitor potential breakdown in tool use. For example, when the tool slips from the person's grasp, we know that people make anticipatory adjustments in grip force (see above), but do not yet know how this can be sufficiently understood to allow such knowledge to be used either as the basis for training tool users or for design of tools.

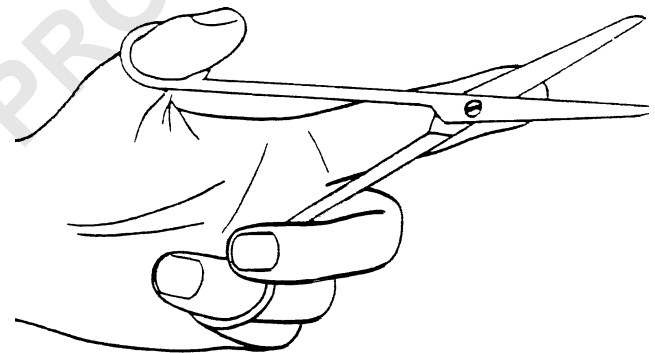


Fig. 2. Needle holders.

Table 1  
Types of grip

Contact	Type of grip	Description	Application
Finger	Finger	Single finger placed on surface. Finger either rested or pushed in	Push buttons or touchscreens
Palm	Palmar	Palm placed on surface	Using sandpaper
Finger-palm	Hook	Palm against surface, and fingers hooked around object	Pulling a lever
Thumb-fingertip	Tip	Object held between thumb and (any) finger	Using a sewing needle
Thumb-finger-palm	Pinch	Object resting against palm, and grasped between thumb and fingers	Positioning screwdriver head onto a screw
Thumb-forefinger	Lateral	Object held between thumb and forefinger	Using tweezers
Thumb-two fingers (outside)	Pen	Object rested on thumb and pressed by two fingers	Writing with a pen
Thumb-two fingers (inside)	Scissor	Fingers and thumb placed inside handles	Cutting paper with scissors
Thumb-fingertip	Disk	Thumb and fingers curled around outside of object	Holding sanding block
Finger-palm	Collett	Object rested on palm and enclosed by fingers	Holding a ball
Hand	Power	Object rested across palm and enclosed by fingers	Holding a hammer or a saw

### 3.3. Motor engagement

Seymour (1966) considered tasks involved in a meat processing plant. He was struck by the apparent complexity of the work, but was greatly assisted by one of the foremen who told him that there were only six ways of using knives for the work (see Table 2). However, it is also apparent that some flexibility needs to be incorporated into these movements, e.g., gristle is not distributed evenly across all pieces of meat and so some modification and correction needs to be made when this is present. In other words, a skilled user of a tool is likely to employ a set of actions that are similar across situations, and to be able to modify these actions in the light of changing circumstances.

In a study of stone-bead manufacture in Khambhat, India, researchers attached accelerometers to hammers that were being used by the workers (Roux et al., 1995). Two groups of bead-makers were studied: group I had some 30+ years of experience following a 12 year apprenticeship; group II had some 20+ years of experience following a 3 years apprenticeship. Both groups consisted of 6 people. Each worker was asked to produce 80 stone and glass beads during the study. The workers were used to working with stone, but glass was a novel material for them. In the studies, group I produced superior (more spherical and symmetrical) beads than group II. Furthermore, while both groups were able to adapt their technique as measured through accelerometry for the familiar stone, only group I was able to adjust their activity to compensate for the properties of glass. Fig. 3 shows that both groups modify acceleration when producing large or small beads from stone, but only group I shows similar modification with the less familiar glass (compare Large I with Small II for stone and glass).

From the ergonomics literature, it has been shown that designing tools to support specific motions can

greatly enhance performance. This was initially shown in the classic account of Tichauer (1976) on angled design of handles for wire-cutters, and more recently in work showing how angled design of handles for hammers can also be beneficial (Knowlton and Gilbert, 1983). This suggests that modifying a tool to support specific types of motor activity can be sound ergonomics. Indeed, Groenesteijn et al. (2004) show how a purpose-designed pair of pliers can be beneficial to tasks in installation. Furthermore, understanding the motor engagement associated with tool use in the context of the work being performed can provide insight into potential musculo-skeletal problems (Cederqvist and Lindberg, 1993).

### 3.4. Perceptual engagement

Keller and Keller (1996) provide a first-hand account of the skills involved in blacksmithing, by way of a participant—observation study of artist—blacksmiths.

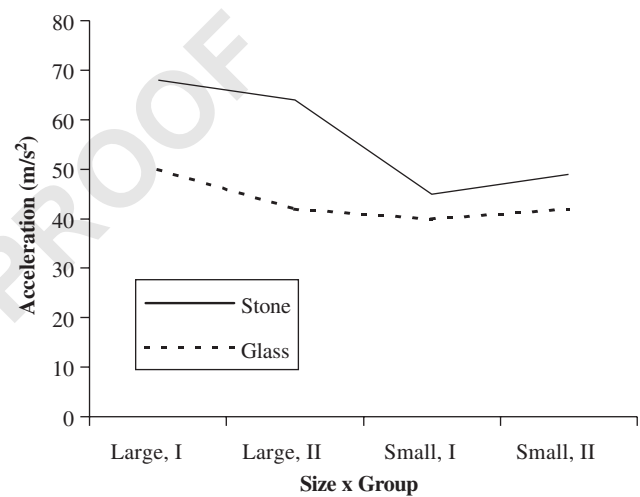


Fig. 3. Results from stone bead study.

Table 2  
Grips in butchery

Movement #	Goal	Left hand	Right hand	Attention points
I (a)	Remove fat from meat or gristle	Grip joint 1, 2, 3, 4, T at side. Fingers arched and gripping joint at end and behind knife	Grasp knife between base of 1, 2, 3, 4 and first knuckle intersection with an angle of approx. 80° between 4 and 1, T on back of blade just beyond guard	Wrist of the R/H moves through 90° clock-wise. Slight flick of the knife... Knife must be grasped firmly. L/H might be used for lifting the fat clear of the knife blade
III	Cutting meat into strips	Grasp furthest edge of meat from body 1, 2, 3, 4. T approx. 3" from point of knife insertion (to the left). Raise slightly and pull upwards and backwards	Nick the seam at end furthest from body. Only use tip of the knife at an angle of approx. 45° to joint. Grasp knife as per I (a) but when the hand is closed place the thumb parallel to the blade with the tip of the thumb at the knife end of the guard	Draw knife through, don't saw. Keep wrist up at an angle. Don't put the 1st finger down the back of the blade





Fig. 5. The jeweler at work.

#### 4. Discussion

It is interesting to note how little attention ergonomics has devoted to the study of tools over the years (particularly if one compares this activity to research relating to computer design). Presumably a factor in this difference lies in the fact that tool-use research was reaching some interesting conclusions just when human-computer interaction research was gaining ground and when the world of work was seen as moving from the physical to the cognitive. However, attending the manner in which people use tools can be beneficial to contemporary and future ergonomics. Not only can a study of tool use help understand the potential risks and injuries arising from such activity (Mital, 1991), but it can also help inform design activity. For example, appreciating the difference between morphological and motor engagement helps to understand that a handle suitable for grasping might not be suitable for movement. This is borne out by the development of angled handles for hammers (Kadefors et al., 1993) and wire-cutters (Tichauer, 1976). Understanding that tool-use is not simply a matter of motor engagement, but also is influenced by environmental and perceptual engagement might influence the design of training simulators. Often haptic virtual reality has difficulty in presenting appropriate morphological engagement to its users, but this need not be a problem. For example, Moody et al. (2001) demonstrated that the use of haptic feedback in a virtual training simulator could be used to train suturing skills when people were given a pairs of needle holders to grasp in order to manipulate the virtual model.

This paper has presented a notion of tool-use based on Forms of Engagement. Fig. 1 showed a tentative relationship between these Forms of Engagement, schema and task-specific devices. It is proposed that this view extends the conventional perspective on tool-

use from a psychomotor activity and helps introduce contemporary ideas from cognitive neuroscience.

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Luria, 1973; Martin et al., 1996; Sirigu et al., 1995.

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